

G.B. Calorie Calculator

Weight [pounds only]

Activity Time for this activity Calculate Reset

Activity Time for this activity Calculate Reset

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Activity Time for this activity Calculate Reset

Activity Time for this activity Calculate Reset

Convert Hours and / or Minutes

Calculate Clear Total Minutes

Total Hours of Activity

Total Calories Burned

How many Calories did you eat today? Calories you ate?

Calories you needed to burn =

Are you over, or under?

Green = EAT more Calories

Red = BURN more Calories

Perfect Calories consumed for the day = "0"

Calculate (Click after any changes)

Clear

Garrison Body Calorie Calculator

The Garrison Body Proprietary Calorie Calculator

Rating: Not Rated Yet

Price

Base price with tax \$43.36

Price with discount \$40.00

Salesprice with discount

Sales price \$43.36

Discount

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Description

Garrison Body has the only Calorie Calculator that will provide:

- The number of Calories you need daily based upon your activities.
- Activities you performed during a 24 hour period and time involved for each.
- The number of Calories you burned for each activity.
- Converter for hours into minutes in order to have a more accurate total.
- Whether you are "over" or under the number of Calories required for that same 24-hour period.

Most calculators only provide general information. The Garrison Body Calorie Calculator is designed to provide everything you need to know in order to eat the correct number of Calories daily based upon your own weight.

Services: G.B. Calorie Calculator

Combined with the number of Calories you ate during the 24-hour period you selected, this calculator will tell you if you ate more, less or precisely the number of Calories you needed based upon all the data you input.

NOTE: Be sure that you have **all** of your information prepared to input before you make your purchase! You are limited to this purchase only once. And, you have only 30 minutes to use the product.

Write down precisely how many Calories you eat each meal. It may be a pain, but if you want to know how many Calories your body requires daily, and how many you burn daily, then writing down what you eat and the number of Calories is primary.

If you "guess" at your Calories, your calculations will fail to provide accurate information.

Measure everything you eat for 1 24-hour period so that you will **know** how many Calories you ate for that day.

You will be able to use this calculator one time once you purchase.

Reviews

There are yet no reviews for this product.